

As April showers have extended into the summer months, the re-opening of The Well Cafe and Shop has been as varied as the weather! People have gradually braved it out again to sample our freshly baked cakes, influx of second-hand clothing and to reacquaint themselves with our 'Warm, Well Welcome'. We have loved having them all, and any money raised through sales at The Well is poured straight back into resourcing the Charity.

Thank you so much for the high quality donations of clothing for our Charity Shop. Unfortunately, we are unable to accept any bric-a-brac, books or toys.

From 17th May, we plan to open all week days from 9.30a.m - 4p.m, with the exception of Monday afternoons when we will be closed for training and specialist groups. Dementia Harborough have scheduled their first Dementia Cafe for 14th June, and enquires about this can be directed to Peter Hirst at Dementia Harborough: [membership@dementiaharborough.org](mailto:membership@dementiaharborough.org) or call 07961538671.

The first free Legal Clinic session will be on Wednesday afternoon 2nd June and thereafter every first Wednesday of the month. Please call The Well on 0116 279 0148 to make an appointment.

In addition to these groups gradually reopening, we are continuing with our Listening Team services and are now beginning to move into face to face meet ups in our lovely Courtyard Garden or for socially distanced walks. We are planning to invite Listening Clients to 'micro' cream teas as Lockdown regulations begin to lift. If you or someone close to you is in need of a regular Listening ear, the best route into referral to the service is to contact our local Social Prescribing Team, through the GP surgery.

The Food Bank service at The Well Next Door is set up to continue beyond the end of the Covid-19 pandemic. We are currently taking referrals from a range of sources, including Harborough District Council, which is the best way to request a parcel if you are local to Kibworth, Fleckney or surrounding villages. We will soon be offering our clients a Budgeting Review Service (please note, not financial advice and

it is by referral only) in order to help people make decisions for themselves, which is the general direction we hope to go with The Well Next Door becoming a hub for support and progression.

We are always incredibly grateful for donations, no matter how big or small - either long-life food to the door or monetary. We are not in a financial position to be able to stockpile food and so it is very much a 'hand-to-mouth' process where the food comes in, and the food goes out. Some weeks we are short, and so donations either to the door of The Well Next Door, or to the local Co-op Food Bank Baskets are vital.

In particular, we would be grateful for: -

- Tinned meat
- UHT milk
- Fruit Juices
- Coffee
- Rice
- Bread (not in the baskets though please!)
- Nappies - size 6 or toddler pull-ups
- Tinned puddings
- Cooking sauces of all varieties